



# STEPPING STONES

PREPARATORY ACADEMY

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Egg Bake Fresh Fruit	Cinnamon Raisin Bread	Oatmeal Apple and Chicken Sausage	Mini Bagels w/ Cream Cheese	Fruit and Yogurt Parfait
AM SNACK	Cream Cheese and Salsa Wraps	Animal Crackers/ Applesauce	Strawberry Special K Protein Bar	Whole Grain Muffins Fresh Fruit	Yogurt w/ Granola
LUNCH	Chicken Alfredo Garlic Toast Green Beans Pears	Turkey Crumble w/ Rice Corn Pineapple	Soft Beef Tacos Mixed Veggies Applesauce	Hawaiian Ham Sliders Peas Peaches	Red Beans and Rice w/ Turkey Corn Bread Mandarin Oranges
PM SNACK	Cheese and Crackers	Whole Grain Muffins	Turkey Roll-ups	Hummus and Fresh Vegetables	Granola Bar

Milk Served at AM Snack and Lunch